



A complete medical approach to the head and neck

One of the many assets of the Uccle-based medical centre nestled in a green, luxuriant park consists in taking in charge the patients' symptoms in just one location and, whenever possible, in a single visit. During the latter, the anamnesis, clinical and complementary examination, diagnosis, implementation and development of the treatment all take place, consequently globalising the patient care around one complaint.

Multiple pathologies and complaints relate to the head and neck, ranging from snoring or sleep disorder to dizziness or seasickness, abnormality of the jaw, tinnitus and hearing problems, or even lines or bags under the eyes... These problems all require the intervention of many specialists – sometimes interdependent – in view of the fact that, in the case of the head and neck, the sphere connecting body and mind, numerous factors can be linked, as for example, snoring, apnoea, blocked nose, stress and excess weight. Thus, regrouping a whole panel of specialists in one location proves precious and makes perfect sense. Teams made up of doctors, surgeons and therapists work in synergy: ENT specialising in rhinoplasty, dermatologist (aesthetic or corrective care), plastic surgeon (latest generation laser), stomatologist, neurologist and lung specialist for sleep assessments.

When necessary, physiotherapists specialising in balance training and using a high-performance balance platform, nutritionists, specialists in tobacco addiction, speech therapists or hypnotherapists, or still, audiologists (hearing aids and protective earplugs) also take

part in the overall patient care. In the event that a surgery should be decided upon, the patient's blood test can also immediately be carried out at the centre.

Competence and comfort

The Centre is organised in two medical and surgical entities where practitioners and therapists enjoy ultra contemporary surgeries tastefully decorated with works by various artists. Everything has been designed so that the global care of the head and neck complaint of a patient may be carried out in optimal conditions of competence and comfort. For example, large French doors give onto the ever-changing spectacle of nature in a waiting room where patients will peacefully stay in between appointments while watching a programme on one of the two flat screens or keeping up to date via the WiFi. It should also be noted that the internet site of the centre will very soon offer courses for re-education after dizziness, enabling patients to complete their treatment in the comfort of their own home while benefiting from a tailor-made coaching.

ESPACE TÊTE ET COU MESSIDOR

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Tinnitus, snoring, dizziness, aesthetic care, dental occlusion... are but a few of the many conditions that the Espace Tête & Cou handles, using the many competences offered by its different doctors and therapists.